



## SRI SHANMUGHA COLLEGE OF NURSING FOR WOMEN

Approved by Government of Tamilnadu & TNNMC, Approved by Indian Nursing Council, New Delhi

Affiliated to The Tamilnadu Dr. M.G.R Medical University, Chennai

Sankari- Tiruchengode Main Road, Pullipalayam, Morur (Po), Sankari(Tk), Salem (dt), Tamilnadu, Pin- 637304

E-mail : principalsrihanmughacon@gmail.com | info@shanmughanursing.edu.in

www.shanmughanursing.edu.in | Phone : 04283 262925, 261899, 262922



### LIST OF STUDENTS ENROLLED IN SUBJECT RELATED CERTIFICATE COURSES

**2018 -2019**

<b>Class</b>	<b>Name of the course</b>	<b>Date</b>	<b>No of students Completed</b>
I Year	First aid module	03.01.2019- 04.01.2019	16



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### CIRCULAR

SSCON/CIR018/SRCC/001

18.12.2018

I Year B.Sc. Nursing students are informed that the course on **FIRST AID MODULE** will be conducted on **3/01/2019 to 4/01/2019** by **Mrs. Rajeshwari, M.Sc. (N)**, Lecturer of SSSCON in the Nursing Foundation Lab from 9am to 5pm. Students are instructed to attend the course without any leave.

Signature of Principal

PRINCIPAL  
SRI SHANMUGHA COLLEGE OF  
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PULLIPALAYAM, MORUR P.O. - 637 304  
SANKAGIRI (TK), SALEM (DT), TN

#### COPY TO

- Management
- Vice Principal
- Faculty
- Students

Prof. SHEELAVATHI N, PH.D  
PRINCIPAL  
SRI SHANMUGHA COLLEGE OF  
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**SRI SHANMUGHA COLLEGE OF NURSING FOR  
WOMEN**

**Organizes Certificate Program On  
SUBJECT RELATED COURSE ON  
FIRST AID MODULE**

**Chief Guest**

**Ms RAJESWARI M.SC (N)**

**LECTURER**

**SSCON**

**In the presence of**

**Thiru. K.Shanmugham, Chairman**

**Thiru.S.Prabakar, Vice Chairman**

**Dr. Uthramani, Principal**

**We cordially invite you all**

**DATE: 3<sup>rd</sup> and 4<sup>th</sup> JANUARY 2019**

**TIME: 9.30AM**



*Smy*  
of SHEELAVATHI N.P.  
PRINCIPAL  
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### FIRST AID MODULE

Name of Trainer :Ms.RAJESWARI M.Sc NURSING, Lecturer, SSSCON

Course duration: 14 hours

#### Course Description:

The First Aid module is designed to provide participants with fundamental knowledge and practical skills necessary to respond effectively to medical emergencies. The course emphasizes hands-on practice and theoretical understanding of basic first aid techniques, ensuring participants are prepared to assess situations, administer initial care, and stabilize individuals in need.

#### SYLLABUS

S.NO	DATE	TOPIC	DURATION
1	03/01/2019	1.Introduction to First Aid 2. Assessment of the Scene and Victim 3.Basic Life Support (BLS)	7 hours
2	04/01/2019	1.Medical Emergencies 2.Traumatic Injuries 3.Psychological First Aid	7 hours

Course Incharge

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Prof.SHEELAVATHI N,Ph D

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## B.Sc. NURSING STUDENTS NAME LIST

BATCH 2018-2019


ATTENDANCE SHEET


EVENT: FIRST AID MODULE

S.NO	NAME OF THE STUDENT	DATE: 03/01/2019	DATE: 04/01/2019
1	Aasir Jabasheela S	P	P
2	Ananthi P	P	P
3	Archana I	P	P
4	Arthi A	P	P
5	Durga M	P	P
6	Kalaiyarasi N	P	P
7	Martina Jero Mary R	P	P
8	Menaga T	P	P
9	Roshini C	P	P
10	Shalini K	P	P
11	Shanmugapriya G	P	P
12	Sineka C	P	P
13	Sneha V	P	P
14	Sneka S	P	P
15	Umarani R	P	P
16	Vaishnavi S	P	P

TOTAL NO OF PRESENT : 16

TOTAL NO OF ABSENT : NIL

  
ORGANIZER

  
Prof. SHEELAVATHI N. PhD  
PRINCIPAL  
SRI SHANMUGHA COLLEGE OF  
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Date: 03.01.2019 -04.01.2019

## Report on Program Conducted

### (a) Course Details: FIRST AID MODULE

Sl. No.	Topic	Details
1	Faculty coordinators	Mrs Divya
2	Title of program	<b>First Aid Module</b>
3	Date/Time	<b>03.01.2019 -04.01.2019 Time :9.00 am to 5.00 pm</b>
4	Proposed venue	SSCON seminar Hall
5	Name of the group institution that will participate	I year B.Sc Nursing Students
6	Total number of audiences who attended	16
7	Chief guest details	Ms Rajeswari, M.Sc (N) - Lecturer,SSCON
8	Description of the event	The First Aid Module is a comprehensive training program designed to equip participants with the fundamental skills and knowledge necessary to provide immediate assistance in medical emergencies. This course covers essential first aid techniques and procedures for responding to common injuries, illnesses, and accidents encountered in everyday life or workplace environments.
9	Outcomes of the event	participants will be able to: <ol style="list-style-type: none"><li><b>1. Recognize and Respond:</b> Identify signs and symptoms of common medical emergencies such as cardiac arrest, choking, bleeding, and fractures.</li><li><b>2. Administer Basic First Aid:</b> Demonstrate competence in applying basic first aid techniques including wound care, bandaging, splinting, and CPR (Cardiopulmonary Resuscitation)</li></ol>

  
Prof. SHEELAVATHI N. PhD  
PRINCIPAL

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		<p>3. <b>Assess and Prioritize:</b> Assess the scene of an emergency and prioritize actions to ensure the safety of the rescuer, bystanders, and the injured person.</p>
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# CERTIFICATE OF PARTICIPATION

**AASIR JEBA SHEELA**

**First Aid Module**

**SIN NO:**

**N18NS001**

**YEAR:**

**1 - YEAR**

**DATE:**

**03.01.2019**

**TO**

**04.01.2019**

**CO-ORDINATOR**

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Prof. SHEELA VATHI N.P. 11.0  
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# CERTIFICATE OF PARTICIPATION

ANANTHI.P

First Aid Module

SIN NO:

N18NS008

YEAR:

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DATE:

03.01.2019

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DR. SHEETAL V. S. PRINCIPAL

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◆—————◆  
**ARCHANA L**

**First Aid Module**

**SIN NO:**

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**N18NS002**

**YEAR:**

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**1 - YEAR**

**DATE:**

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**03.01.2019**

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**04.01.2019**

**CO-ORDINATOR**

*[Signature]*

**Smt. SHEELAVATHI N. S.**  
PRINCIPAL

**Principal**  
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**ARTHIA**

**First Aid Module**

**SIN NO:**

**N18NS009**

**YEAR:**

**1 - YEAR**

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**DURGA.M**

**First Aid Module**

**SIN NO:**

**N18NS010**

**YEAR:**

**1 - YEAR**

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**KALAIYARASIN**

**First Aid Module**

**SIN NO:**

**NI8NS011**

**YEAR:**

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**DATE:**

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**MARTINA JERO MARY R**

**First Aid Module**

**SIN NO:**

**N18NS003**

**YEAR:**

**I - YEAR**

**DATE:**

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**Prof. SHEELAKRISHNA K. N.**

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SHEELAVATHI N. P. P.  
PRINCIPAL

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**ROSHINI.C**

**First Aid Module**

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**SHALINI.K**

**First Aid Module**

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**N18NS013**

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*J.S.*  
**CO-ORDINATOR**

*[Signature]*  
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**SHANMUGHA PRIYA G**

**First Aid Module**

**SIN NO:**

**N18NS005**

**YEAR:**

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**SINEKA.C**

**First Aid Module**

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**N18NS014**

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**SNEKA V**

**First Aid Module**

**SIN NO:**

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**N18NS006**

**YEAR:**

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**I - YEAR**

**DATE:**

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**03.01.2019**

**TO**

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**04.01.2019**

**CO-ORDINATOR**

*[Handwritten Signature]*

**Principal**

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PRINCIPAL

*[Handwritten Signature]*

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**SINEKA.S**

**First Aid Module**

**SIN NO:**

**N18NS015**

**YEAR:**

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**Principal**

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**UMARANIR**

**First Aid Module**

**SIN NO:**

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**N18NS007**

**YEAR:**

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**1 - YEAR**

**DATE:**

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**03.01.2019**

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**04.01.2019**

**CO-ORDINATOR**

*J. Sli*

*[Signature]*

**PRINCIPAL**

**Principal**

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**VAISHNAVI.S**

**First Aid Module**

**SIN NO:**

**N18NS016**

**YEAR:**

**1 - YEAR**

**DATE:**

**03.01.2019**

**TO**

**04.01.2019**

**CO-ORDINATOR**

*S. S. S.*

**PRINCIPAL**

*S. S. S.*

**Principal**

*S. S. S.*

**SRI SHANMUGHHA COLLEGE OF NURSING FOR WOMEN, MULPALAYAM, MORUR PO - 637 304 SANKAGIRI (TK) SALEM (DT), TN**

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## COURSE ASSESSMENT

Name of the add-on course : FIRST AID MODULE  
Date : 04/01/2019  
Batch : I year  
Name of the Student : sneha. v.

## ANSWER ALL QUESTIONS

### Instructions:

- ✓ Tick the appropriate answer.
- ✓ Each right answer is awarded one mark and wrong answer is given 0

1. What is the first step you should take in an emergency situation?
  - a) Assess the scene for safety
  - b) Call for medical assistance
  - c) Administer first aid
  - d) Apply pressure to the wound
2. How should you position an unconscious person who is breathing normally?
  - a) Elevate their legs
  - b) Place them in the recovery position
  - c) Keep them lying flat on their back
  - d) Sit them up
3. What is the primary purpose of CPR (Cardiopulmonary Resuscitation)?
  - a) To stop bleeding
  - b) To treat burns
  - c) To restart the heart and breathing
  - d) To stabilize broken bones

*Sm*

LAVATHI N. Ph.D  
PRINCIPAL  
SRI SHANMUGHACOLLEGE OF  
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Sankari- Tiruchengode Main Road, Pullipalayam, Morur (Po), Sankari(Tk), Salem (dt), Tamilnadu, Pin- 637304

E-mail : principalsrihanmughacol@gmail.com | info@shanmughanursing.edu.in

www.shanmughanursing.edu.in | Phone : 04283 262925, 261899, 262922



4. What is the recommended ratio of compressions to breaths during CPR for adults?
- a) 15 compressions to 2 breaths
  - b) 30 compressions to 2 breaths
  - c) 30 compressions to 5 breaths
  - d) 10 compressions to 1 breath
5. What should you do if someone is choking and unable to speak or breathe?
- a) Offer them water to drink
  - b) Begin abdominal thrusts (Heimlich maneuver)
  - c) Perform back blows and chest thrusts
  - d) Encourage them to cough forcefully
6. What is the correct ratio of chest compressions to rescue breaths when performing CPR on an infant?
- a) 30 compressions to 2 breaths
  - b) 15 compressions to 2 breaths
  - c) 5 compressions to 1 breath
  - d) 10 compressions to 1 breath
7. What is the recommended method for clearing the airway of an infant who is choking?
- a) Back blows followed by chest thrusts
  - b) Abdominal thrusts (Heimlich maneuver)
  - c) Encouraging the infant to cough forcefully
  - d) Tapping the back while the infant is lying face down

*Smj*

Prof. **SHEELAVATHI N., Ph.D**  
**PRINCIPAL**  
**SRI SHANMUGHA COLLEGE OF**  
**NURSING FOR WOMEN.**  
**PULLIPALAYAM, MORUR P.O. 637 304**  
**SANKAGIRI (TK) SALEM (DT) T.N.**



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8 When providing first aid to a child with a nosebleed, what is the correct action?

- a) Tilting the head back to stop the bleeding
- b) Pinching the nostrils together and leaning the child's head forward
- c) Applying ice directly to the nose
- d) Placing cotton balls inside the nostrils

9 .Which of the following is true regarding the use of a tourniquet for severe bleeding?

- a) It should be applied directly to the wound
- b) It should be loosened periodically to allow blood flow
- c) It should be applied over clothing
- d) It should only be used as a last resort when other methods fail

10 What is the recommended position for the person who has been bitten by a snake?

- a) Standing upright
- b) Lying flat on their back
- c) Sitting with the affected limb elevated
- d) Lying flat on their stomach with the affected limb raised

Prof. SHEELAVATHI IV  
PRINCIPAL  
SRI SHANMUGHA COLLEGE OF  
NURSING FOR WOMEN  
PULLIPALAYAM, MORUR P.O 637 304  
SANKAGIRI (TK) SALEM DT, T.N.



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## Feedback Form

Name / Details of participant	Shelcha
Program Title / Date of program	First aid module 04.01.2019

**Purpose:** This form is designed to help us collect feedback from you. Your opinion is important to us as it will help us in analyzing your requirements better. We thank you in advance for the time and effort spent in filling this form

Rating scale for performance		☹☹☹ Bad 1	☹ Poor 2	☐ Average 3	☑ Good 4	☑☑☑ Great! 5
<b>I Quality of Sessions [√ beneath your choice]</b>						
1	Did you learn new information?				✓	
2	Was the information relevant for your growth?			✓		
3	Did the lessons create a change in you?					✓
4	Were your doubts cleared?	Yes				
5	Quality of handouts and chapters	Good				
<b>Comment:</b>						
<b>II Quality of Delivery [√ beneath your choice]</b>						
1	The preparedness of the trainer	good average good great good				
2	Visual Presentation					
3	Responsiveness of the trainer					
4	Clarity of explanation					
5	Audibility, pace, and energy of the trainer					
<b>Comment:</b>						
<b>III. Activities [√ beneath your choice]</b>						
The degree to which the following contributed to learning						
1	Activities			.	✓	
2	Handouts	NA				
3	Instructions / Lectures					✓
4	Presentations					✓
5	Group Discussions				✓	
<b>Comment:</b>						

Signature of the Participant

Prof. SHEELAVATHI N, Ph.D  
PRINCIPAL  
SRI SHANMUGHACOLLEGE OF  
NURSING FOR WOMEN  
PULLIPALAYAM, MORUR P.O. 637 304  
SANKAGIRI /TK) SALEM DT TN,