



SRI SHANMUGHA COLLEGE OF NURSING FOR WOMEN

Approved by Government of Tamilnadu & TNNMC. Approved by Indian Nursing Council, New Delhi

Affiliated to The Tamilnadu Dr. M.G.R Medical University, Chennai

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1.3.1 The Institution integrates cross-cutting issues relevant to gender, environment and sustainability, human values, health determinants, Right to Health and emerging demographic issues and Professional Ethics into the Curriculum as prescribed by the University / respective regulative councils

NURSING FOUNDATIONS

Placement: First year

**Time: Theory - 275 hours
Practical - 750 hours
(200 lab and 550 clinical)**

Course Description:

This course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various Supervised Clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment method
I	10	Describe the concept of health, illness and health care agencies	Introduction <ul style="list-style-type: none"> • Concept of Health: Health – Illness continuum • Factors influencing health • Causes and risk factors for developing illness • Body defences: Immunity and immunization • Illness and illness Behaviour: • Impact of illness on patient and family / • Health Care Services: Health Promotion and prevention and Primary Care, Diagnosis, Treatment, Rehabilitation and Continuing Care • Health care teams • Types of health care agencies: • Hospitals: Types, Organization Functions • Health Promotion and Levels of Disease Prevention • Primary health care and its delivery: Role of nurse 	Lecture discussion Visit to health care agencies	<ul style="list-style-type: none"> ➤ Essay type ➤ Short answer questions ➤ Objective
II	16	<ul style="list-style-type: none"> ➤ Explain concept and scope of nursing ➤ Describe values, code of ethics and professional conduct for nurses in India 	Nursing as a profession <ul style="list-style-type: none"> • Definition and Characteristics of a profession • Nursing: <ul style="list-style-type: none"> • Definition, Concepts, philosophy, objectives • Characteristics, nature and scope of nursing practice • Functions of nurse • Qualities of a nurse - Categories of nursing personnel 	Lecture discussion Case discussion Role plays	<ul style="list-style-type: none"> ➤ Essay type ➤ Short answer questions ➤ Objective

SOCIOLOGY

Placement: Second year

Theory- 80 Hours


Course Description:

This course is designed to introduce the concepts of sociology related to community and social institutions in India and its relationship with health, illness and nursing.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	1	➤ State the importance of sociology in Nursing	Introduction ➤ Definition of Sociology ➤ Nature and Scope of the discipline ➤ Importance and application of Sociology in Nursing	➤ Lecture Discussion	➤ Essay type ➤ Short answers
II	3	➤ Describe the inter-relationship of individual in society and community	Individual & Society ➤ Society and Community ➤ Nature of Society ➤ Difference between Society and Community ➤ Process of Socialization and individualization ➤ Personal disorganization	➤ Lecture Discussion	➤ Essay type ➤ Short answers
III	5	➤ Describe the influence of culture and on health and disease	Culture • Nature of culture • Evolution of culture • Diversity and uniformity of culture • Culture and socialization • Transcultural society • Influence on health and disease	Lecture Discussion Panel Discussion	Essay type Short answers
IV	6	➤ Identify various social groups and their interactions	Social groups and Processes The meaning and classification of groups Primary & Secondary	Lecture Discussion	Essay type Short answers

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			Group In-group V/s. Out-group, Class Tribe, Caste Economic, Political, Religious groups, Mob, Crowd, Public and Audience Interaction & Social Processes Co-operation, Competition, Conflict Accommodation, Assimilation & Isolation		
V	8	Explain the growth of population in India and its impact on health	Population • Society and population • Population distribution in India- Demographic characteristics • Malthusian theory of Populations • Population explosion in India and its impact on health status • Family welfare programmes	Lecture Discussion Community identification	Essay type Short answers Assessment of report on community identification
VI	7	Describe the institutions of family and marriage in India	Family and Marriage • Family- Functions • Types-Joint, Nuclear, Blended and extended family: Characteristics • The Modern Family — Changes, Problems-Dowry etc., welfare Services • Changes & legislations on family and marriage in India - marriage acts • Marriage: Forms and functions of marriage, • Marriage and family problems in India • Family, marriage and their influence on health and health practices	Lecture Discussion Family Case study	Essay type Short answers Assessment of family case study
VII	9	Describe the	Social Stratification	Lecture	Essay type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		class and caste system and their influence on health and health practices	Meaning & types of social stratification The Indian Caste System- origin & features Features of Caste in India Today <ul style="list-style-type: none"> • Social Class system and status • Social Mobility-Meaning & Types • Race as a biological concept, criteria of racial classification • Salient features of Primary races- Racism • Influence of Class, Caste and Race on health and health practices 	Discussion Community survey	Short answers Assessment of report on community survey
VIII	8	Describe the types of communities in India, their practices and the impact on health	Types of Communities in India (Rural, Urban and Regional) Features of village community & Characteristics of Indian villages- Panchayat system, social dynamics Community Development project & planning Changes in Indian Rural Life Availability of health facilities in rural and its impact on health and health practices Urban Community features The growth of cities: Urban isation and its impact on health and health practices Major Urban problems- Urban Slums Region: Problems and impact on Health	Lecture Discussion Visits to rural and urban community Community survey	Essay type Short answers Assessment of report on community survey


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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
IX	6	Explain the process of Social Change	Social Change <ul style="list-style-type: none"> • Nature and process of Social Change • Factors influencing Social change: cultural change, Cultural lag. • Introduction to Theories of social change: Linear, Cyclical, Marxian, Functional Role of nurse-Change agents 	Lecture Discussion	Essay type Short answers
X	6	Explain the process of Social Change	Social organization and social system <ul style="list-style-type: none"> • Social organization: elements, types • Democratic and authoritarian modes of participation, • Voluntary associations • Social system: Definition and Types of social system • Role and Status as structural elements of social system Inter-relationship of institutions 	Lecture Discussion Observation visits	Essay type Short answers Assessment of visit reports
XI	4	Explain the nature and process of social control	Social Control <ul style="list-style-type: none"> • Nature and process of social control • Political, Legal, Religious, Educational, Economic, Industrial and Technological systems, Norms & Values- Folkways & Mores Customs, Laws and Fashion Role of Nurse.	Lecture Discussion Community survey	Essay type Short answers Assessment of report on community survey.
XII	17	Describe the role of the nurse in	Social Problems <ul style="list-style-type: none"> • Social disorganization 	Lecture Discussion	Essay type Short

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		dealing with social problems in India	<ul style="list-style-type: none"> • Control & planning: poverty, housing, illiteracy, food supplies, prostitution, rights of women & children, vulnerable groups: Elderly, handicapped, minority groups and other marginalized groups, child labour, child abuse, delinquency and crime, substance abuse, HI0V/AIDS. • Social Welfare programmes in India Role of nurse 	Institutional visits	Answers Assessment of visit reports

Prescribed Internal assessment weightage:

Internal Assessment : Term Test - 30
Assignment - 20



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Community Health Nursing - I

Placement: Second year

**Theory - 100 Hours
Practical -160 hours**

Course description:


This course is designed for students to appreciate the principles of prevention, promotion and maintenance of health for individuals, families and community.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	2	Describe concept and dimensions of health	Introduction •community health nursing definition, concept and dimensions of health emotion of health Measurement of health &diseases , vital statistics ▪ Maintenance of health	Lecture discussion	Short answers
II	20	Describe determinants of health	Determinants of health • Eugenics • Environment: Physical: Air, light, ventilation, Water, Housing, Sanitation; disposal of waste disposal of dead bodies, Forestation, Noise, Climate, communication infrastructure facilities and Linkages Acts regulating the environment: National Pollution control board Bacterial & viral: Agents, host carriers and immunity Arthropods and Rodents , Food hygiene: Production, Preservation, Purchase, preparation, consumption Acts regulating food hygiene- Prevention of food adulteration act, Drugs and cosmetic act Sociocultural Customs,taboos “Marriage system family structure of Status of special	Lecture discussion Explain using Charts, graphs, Models, films, slides Visits to water supply, sewage disposal milk plant house etc	Essay type Short answers Objective type


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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			groups; Females, Children, Elderly, challenged groups and Sick persons Life Style Hygiene Physical activity Recreation and sleep Sexual life Spiritual life philosophy Dietary pattern Education Occupation Financial Management Income Budget Purchasing power Security.		
III	13	Describe concept, scope, uses methods and approaches of epidemiology	Epidemiology Definition<concept, aims, scope, uses and terminology used in epidemiology Epidemiological investigation International classification of diseases. Medical entomology Dynamics of disease transmission: epidemiological triad 17 . Morbidity and mortality: measurements Levels of prevention Methods of epidemiology of Descriptive Analytical: Epidemic investigation o Experimental	Lecture discussion Explain using Charts, graphs Models, films, slides	Essay type Short answers
IV	30	Describe Epidemiology and nursing: management of common Communicable Diseases	Epidemiology and nursing management of common Communicable Diseases ❖ Respiratory infections Small Pox <ul style="list-style-type: none"> • Chicken Pox • Measles • influenza • Rubella • ARI's & Pneumonia • Mumps 	Lecture discussion Explain using Charts, graphs Models, films, slides Seminar Supervised field practice-health centers, clinics and homes Group projects Health education	Essay type Short answers Objective type

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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			Any other		
V	12	Describe Epidemiology and nursing management of common Non communicable diseases	Epidemiology and Nursing management of Non communicable diseases Malnutrition: under nutrition, over nutrition, nutritional deficiencies Anaemia Hypertension Stroke Rheumatic.Heart Disease Coronary Heart Disease Cancer Diabetes mellitus Blindness Accidents Mental illness Obesity Iodine Deficiency Fluorosis Epilepsy	Seminar Supervised field practice-health centers, clinics and homes Group projects! Health education Lecture discussion. Explain using Charts, graphs Models, films, slides	Essay type Short answers Objective type
VI	6	Describe the concepts and scope of demography Describe methods of data collection, analysis and interpretation' of demographic data	Demography • Definition, concept and scope • Methods of collection, analysis and interpretation of demographic data • Demographic rates and ratios	Lecture discussion Community identification survey	Essay type Short answers Objective type Assessment of Survey report
VII	17	Identify the impact of population explosion in India Describe methods of population control	Population and its control • Population explosion and its impact on social, economic development of individual, society ad country • Population control: Overall development: Women empowerment, social, economic and educational development Limiting family size: Promotion of small family norm Methods: spacing (natural, biological, chemical, mechanical methods etc) Terminal: surgical methods	Lecture discussion Population survey Counseling Demonstration Practice session Supervised field practice	Essay type Short answers Objective type Assessment of Survey report

MEDICAL SURGICAL NURSING (ADULT INCLUDING GERIATRICS)-I


Placement: Second year

Theory - 210 Hours
Practical - 800 hours

Course Description:

The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	15	<p>Appreciate the trends in medical and surgical nursing.</p> <p>Describe the role of a nurse in caring for adult patient in hospital and community.</p> <p>Describe the concepts of Medical Surgical asepsis</p>	<p>Introduction:</p> <ul style="list-style-type: none"> • Introduction to medical surgical nursing- Evolution and trends of medical and surgical nursing • Review of Concepts of Health and illness Disease-concepts, causations, classification- International Classification Diseases (ICD- 10 or later version), Acute illness Chronic illness & Terminal illness, stages of illness • Review of concepts of comprehensive nursing care in medical surgical conditions based on nursing process. • Role of Nurse, patient and family in care of adult patient • Role and responsibilities of a nurse in medical surgical settings: <ul style="list-style-type: none"> - Outpatient department. - In-patient unit - Intensive care unit. - Home and Community settings <p>Introduction to Medical Surgical asepsis</p> <ul style="list-style-type: none"> - Inflammation and Infection - Immunity - Wound healing <p>Care of Surgical Patient</p> <ul style="list-style-type: none"> -Pre-operative -Intra operative -Post Operative 	<p>Lecture discussion</p> <p>Demonstration</p> <p>Practice session</p> <p>Supervised clinical practice</p>	<p>Short answer</p> <p>Objective Type</p> <p>Assessment skills with checklist</p>


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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment method
II	15	Describe the common signs, symptoms, problems and their Specific nursing interventions	Common signs and symptoms and management <ul style="list-style-type: none"> • Fluid and electrolyte imbalance. <ul style="list-style-type: none"> • Vomiting • Dyspnea and cough, respiratory obstruction • Fever • Shock • Unconsciousness, Syncope • Pain • Incontinence • Edema • Age related problems-geriatric 	Lecture discussion Seminar Case discussion	Short answer Objective Test
III	20	Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of respiratory systems	Nursing management of patients (adults including elderly) with respiratory problems <ul style="list-style-type: none"> • Review of anatomy and physiology of respiratory system, • Nursing Assessment-History and Physical assessment • Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of adults including elderly with – <ul style="list-style-type: none"> Upper Respirator' that infection Bronchitis Asthma Emphysema Empyema Atelectasis Chronic Obstructive Pulmonary Diseases (COPD) Bronchiectasis Pneumonia 	Lecture discussion Explain using Charts, graphs Models, films, slides Demonstration Practice session Case discussions/Seminar Health education Supervised clinical practice book /presentation	Essay type Short answer Objective Test Assessment skills with checklist Assessment patient management problem



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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			Emergency contraception		

Prescribed Internal Assessment Weightage:

Internal Assessment : Term Test - 30
Assignment - 20

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Communication & Educational Technology

Placement: Second year

Hours – 100 hrs

Theory - 70 Hours

Practice Teaching - 30 hours

Course Description:

This course is designed to help the students acquire an understanding of the principles and methods of communication and teaching. It helps to develop skill in communicating effectively, maintaining effective interpersonal relations, teaching individuals and groups in clinical, community health and educational settings.

Unit	Time (Hrs)		Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	T	P				
I	6		<ul style="list-style-type: none"> Describe the communication process identify techniques of effective communication 	Review of Communication Process Process; elements And channel Facilitators Barriers and methods of overcoming Techniques	<ul style="list-style-type: none"> Lecture Discussion Role plays Exercises with audio/video tapes 	<ul style="list-style-type: none"> Respond to critical incidents Short answers Objective type
II	6		<ul style="list-style-type: none"> Establish effective interpersonal relations with patients, families & co-workers 	Interpersonal relations Purpose & types Phases Barriers & methods of overcoming Johari Window	Lecture Discussion Role Plays Exercises with audio/video tapes Process recording	Short Answer Objective type
III	6		<ul style="list-style-type: none"> Develop effective human relations in context of nursing 	Human relations <ul style="list-style-type: none"> Understanding self Social behaviour, motivation, social attitudes Individual and groups Groups & individual Human relations in context of nursing Group dynamics Team work 	Lecture Discussion Sociometry Group games Psychometric exercise followed by discussion	Short Answer Objective type Respond to test based on critical incidents

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Medical Surgical Nursing (Adult including Geriatrics) II

Placement: Third year

Time: Theory - 120 hours
Practical - 300hours

Course Description:

The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care settings and at home.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	15	Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and management of patients with disorders of Ear Nose and Throat	<p>Nursing management of Patient with disorders of Ear Nose and Throat</p> <ul style="list-style-type: none"> ➤ Review of anatomy and physiology of the Ear Nose and Throat - ➤ Nursing Assessment-History and Physical assessment ➤ Etiology, Pathophysiology, clinical manifestations, diagnosis, treatment modalities and medical & surgical nursing management of Ear Nose and Throat disorders: ➤ External ear: deformities otalgia, foreign bodies, and tumours ➤ Middle Ear- Impacted wax, Tympanic membrane perforation, otitis media, otosclerosis, mastoiditis, tumours ➤ Inner ear- Meniere's Disease, labyrinthitis, ototoxicity, tumours ➤ Upper airway infections — Common cold, sinusitis, ethinitis, rhinitis, pharyngitis, tonsillitis and adenoiditis, peritonsillar abscess, laryngitis ➤ Upper respiratory airway — epistaxis, ➤ Nasal obstruction, laryngeal 	<p>Lecture discussion Explain using Charts, graphs Models, films, slides Demonstration Practice session Case discussions / Seminar Health education Supervised clinical practice Drug book /presentation</p>	<p>Essay type Short answers Objective type Assessment of skills with check list Assessment of patient management problem</p>

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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<ul style="list-style-type: none"> • Palliative care Symptom and Pain Management, Nutritional support • Home care • Hospice care Stoma Therapy • Special therapies Psycho social aspects • Nursing procedures 		
VII	10	<p>Describe organization of emergency and disaster care services</p> <p>Describe the role of nurse in disaster management</p> <p>Describe the role of nurse in management of common Emergencies</p>	<p>Nursing management of patient in EMERGENCY & DISASTER situations</p> <p>Disaster Nursing:</p> <p>Concepts and principles of Disaster Nursing</p> <p>Causes and Types of Disaster: Natural and Man-made Earthquakes, Floods, Epidemics, Cyclones</p> <p>Fire, Explosion, Accidents Violence, Terrorism; bio- chemical, War</p> <p>Policies related to emergency/disaster management; International, national, state, institutional</p> <p>Disaster preparedness: Team, Guidelines, protocols, Equipments ,Resources</p> <p>Coordination and involvement of; Community, various govt. departments, non-Government. organizations and International agencies</p> <p>Role of nurse: working</p> <p>Legal Aspects of Disaster Nursing</p> <p>Impact on Health and after effects; Post Traumatic Stress Disorder</p> <p>Rehabilitation; physical, psychosocial, Financial, Relocation</p> <p>Emergency Nursing</p> <p>Concept, priorities, principles and Scope of emergency nursing</p>	<p>Lecture discussion</p> <p>Explain using Charts, graphs</p> <p>Models, films, slides</p> <p>Demonstration</p> <p>Practice session</p> <p>Case discussions / Seminar</p> <p>education</p> <p>Supervised clinical practice</p> <p>Disaster management</p> <p>Drills</p> <p>Drug book /presentation</p>	<p>Essay type</p> <p>Short answers</p> <p>Objective type</p> <p>Assessment of skills with check list</p> <p>Assessment of patient</p> <p>Management problem</p>
			<p>Organization of emergency services: physical setup, staffing, equipment and supplies, protocols, Concepts of triage and role of triage nurse</p> <p>Coordination and involvement of different departments and facilities</p> <p>Nursing Assessment-History and Physical assessment</p>		

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Child Health Nursing

**Placement: Third year
hours**

Time: Theory - 100

**Practical - 300hours
Internship 145**

hours

Course Description:

This course is designed for developing an understanding of the modern approach to child- care, identification, prevention and nursing management of common health problems of neonates and children.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	10	Explain the modern concept of child care & principles of child health nursing Describe national policy programs and legislation in relation to child health and welfare. List major causes of death during infancy, early & late childhood Describe the major functions and role of the paediatric nurse in caring for a hospitalized child. Describe the principles of child health nursing	Introduction Modern concepts of childcare Internationally accepted rights of the Child National policy and legislation in relation to child health and welfare National programmes related to child health and welfare Agencies related to welfare services to the children Changing trends in hospital care, preventive, promotive and curative aspects of child health. Child morbidity and mortality rates. Differences between an adult and child Hospital environment for a sick child Impact of hospitalization on the child and family. Grief and bereavement The role of a Child health nurse in caring for a hospitalized child Principles of pre and post operative care of infants and children Child health nursing procedures.	Lecture Discussion Demonstration of common paediatric procedures	Short answers Objective type Assessment of skills with checklist
II	20	Describe the	The healthy child	Lecture Discussion	Short answers

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Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
		<p>normal growth & development of children at different ages</p> <p>Identify the needs of children at different ages & provide parental guidance</p> <p>Identify the nutritional needs of children at different ages and ways of meeting the needs</p> <p>Appreciate the role of play for normal & sick children.</p> <p>Appreciate the preventive measures and strategies for children</p>	<ul style="list-style-type: none"> Principles of growth and development Factors affecting growth & development Growth and development from birth to adolescence The needs of normal children through the stages of developmental and parental guidance Nutritional needs of children & infants: breast feeding, exclusive breast feeding supplementary! artificial feeding and weaning, Baby friendly hospital concept Accidents: causes and prevention Value of play and selection of play material Preventive immunization, immunization programme and cold chain Preventive paediatrics Care of under five & under five clinics/ well baby clinics 	<p>Developmental study of infant and children</p> <p>Observation study of normal and sick child</p> <p>Field visit to Anganwadi, child guidance clinic</p> <p>Film show on breast feeding</p> <p>Clinical practice/field</p>	<p>Objective type</p> <p>Assessment of field visits and developmental study reports</p>
III	12	<p>Provide care to normal & high risk neonates</p> <p>Perform neonatal resuscitation.</p> <p>Recognize and manage common neonatal problems</p>	<p>Nursing care of a neonate</p> <p>Nursing care of a normal newborn/Essential newborn care</p> <p>Neonatal resuscitation</p> <p>Nursing management of a low birth weight baby.</p> <p>Kangaroo mother care</p> <p>Nursing management of common neonatal disorders</p> <p>Organization of neonatal unit.</p> <p>Identification & nursing management of common congenital malformations.</p>	<p>Lecture Discussion</p> <p>Workshop on - neonatal resuscitation</p> <p>Demonstration</p> <p>Practice session</p> <p>Clinical practice</p>	<p>Short answers</p> <p>Objective type</p> <p>Assessment of skills with checklist</p>
IV	08		<p>Integrated management of neonatal and childhood illnesses (IMNCI)</p>		

Mental Health Nursing

Placement: Third Year

Theory —100 Hours
Practical — 300 Hours
Internship- 95 hours (2 weeks)

Course Description:

This course is designed for developing an understanding of the modern approach to mental health, identification, prevention and nursing management of common mental health problems with special emphasis on therapeutic interventions for individuals, family and community.

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
1	5	Describes the historical development & current trends in mental health nursing Describe the epidemiology of mental health problems Describe the National Mental Health Act, programmes and mental health policy Discusses the scope of mental health nursing Describe the concept of normal & abnormal behaviour	Introduction • Perspectives of Mental Health and Mental Health nursing: evolution of mental health services, treatments and nursing practices. • Prevalence and incidence of mental health problems and disorders. • Mental Health Act • National Mental health policy vis a vis National Health Policy • National Mental Health programme • Mental health team • Nature and scope of mental health nursing • Role and functions of mental health nurse in various settings and factors affecting the level of nursing practice • Concepts of normal and abnormal behaviour	Lecture Discussion	Objective type Short answer Assessment of the field visit reports
	7	Defines the various terms used in mental health Nursing	Principles and Concepts of Mental Health Nursing Definition: mental health nursing and terminology used Classification of mental disorders: ICD	Lecture discussion Explain using Charts Review of personality development	Essay type Short answer Objective type

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			rehabilitation		
XIII	6	Identify psychiatric emergencies and carry out crisis intervention	Psychiatric emergencies and crisis intervention Types of psychiatric emergencies and their management Stress adaptation Model: stress and stressor, coping, resources and mechanism Grief: Theories of grieving process, principles, techniques of counseling Types of crisis Crisis Intervention: Principles, Techniques and Process Geriatric considerations Role and responsibilities of nurse	Lecture discussion Demonstration Practice session Clinical practice	Short answers Objective type
XIV	4	Explain legal aspects applied in mental health settings and role of the nurse	Legal issues in Mental Health Nursing <ul style="list-style-type: none"> • The Mental Health Act 1987: Act, Sections, Articles and their implications etc. • Indian Lunacy Act.1912 • Rights of mentally ill clients • Forensic psychiatry • Acts related to narcotic and psychotropic substances and illegal drug trafficking • Admission and discharge procedures Role and responsibilities of nurse	Lecture discussion Case discussion	Short answers Objective Type
XV	5	Describe the model of preventive psychiatry Describes Community Mental health services and role of the nurse	Community Mental Health Nursing <ul style="list-style-type: none"> • Development of Community Mental Health Services: • National Mental Health Programme • Institutionalization Versus Deinstitutionalization • Model of Preventive psychiatry: Levels of Prevention • Mental Health Services available at the primary, 	Lecture discussion Clinical / field practice Field visits to mental health service agencies	Short answers Objective type Assessment of the field visit reports

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			secondary, tertiary levels including rehabilitation and Role of nurse • Mental Health Agencies: Government and voluntary, National and International • Mental health nursing issues for special populations: Children, Adolescence, Women, Elderly, Victims of violence and abuse, Handicapped, HIV /AIDS etc.		

Prescribed Internal Assessment Weightage:

**Internal Assessment : Theory - 30
Assignment- 20**


Psychiatric Nursing

Recommended Books:

1. Townsend – Psychiatric Mental Health Nursing,2007,F.A.Davis
2. Shives – Basic Concepts in Psychiatric Mental Health Nursing,2007,LWW
3. Stuart – Principles & Practice of Psychiatric Nursing,2008,Elsevier
4. Sreevani – Psychiatric Mental Health Nursing,2008,Jaypee

Reference Books:

1. Boyd – Psychiatric Nursing,2007,LWW
2. Ahuja – Psychiatry – 2008,Jaypee
3. Kaplan – Kaplan & Sadock’s Synopsis of Pyschiatry,2007,LWW
4. Kaplan – Kaplan & Sadock Concise Textbook of Clinical Psychiatry,2008,LWW
5. Lalitha - Psychiatric Mental Health Nursing ,VMG Publishers
6. Kaplan – Kaplan & Sadock Handbook of Clinical Psychiatry,2010,LWW
7. Schltz – Lippincott’s Manual of Psychiatric Nursing Care Plans,2009,LWW


 SRI SHANMUGHACOLLEGE OF
 NURSING FOR WOMEN
 PULLIPALAYAM, MORUR P.O. 637 304
 SANKAGIRI (TK), SALEM (DT) T.N.

Community Health Nursing-II

Placement: Fourth year

Time: Theory - 90 hours

Practical - 140 hours

Course description:

This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural settings by using concept and principles of health and community health nursing

Unit	Time (Hrs)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	4	Define concepts, scope, principles and historical development of Community Health and community health Nursing	Introduction <ul style="list-style-type: none"> • Definition, concept & scope of Community Health and Community Health Nursing • Historical development of Community health • Community health Nursing. <ul style="list-style-type: none"> - Pre-independence - Post-independence 	Lecture discussion	Essay type Short answers
II	6	Describe health plans, policies, various health committees and health problems in India	Health planning and policies and problems <ul style="list-style-type: none"> • National health planning in India- Five Year Plans • Various committees and commissions on health and family welfare • Central council for health and family welfare (CCH and FW) National health policies (1983, 2002) • National population policy • Health problems in India 	Lecture discussion Panel discussion	Essay type Short answers
III	15	Describe the system of delivery of community health services in rural and urban areas	Delivery of community health services Planning, budgeting and material management of SCs , PHC and, CHC Rural: Organization, staffing and functions of rural health services provided by government at:	Lecture discussion Visits to various health delivery systems Supervised field practice Panel discussion	Essay type Short answers

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MANAGEMENT OF NURSING SERVICES AND EDUCATION

Placement: Fourth year

Hours- 90 Hours

Theory: 60 hours

Practical: 30 hours

Course Description:

This course is designed to enable students to acquire understanding of management of clinical and community health nursing services, nursing educational programmes. This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the profession.

Unit	Time (Hrs)		Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	T	P				
I	4		Explain the principles and functions of management.	Introduction to management in nursing <ul style="list-style-type: none"> • Definition, concepts and theories • Functions of management • Principles of Management • Role of Nurse as a manager 	Lecture Discussion Explain using organization chart	Short answer
II	5		Describe the elements and process of management	Management process Planning; mission, philosophy, objectives, operational plan Staffing: philosophy, staffing study, norms, activities, patient classification systems, scheduling Human resource management; recruiting, selecting, deployment, retaining, promoting, superannuation etc Budgeting: concept, principles, types, cost benefit analysis, audit Material management: equipment and supplies Directing process (Leading)Controlling: Quality management Program Evaluation	Lecture Discussion Simulated Exercises Case studies	Essay type Short answer



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Unit	Time (Hrs)		Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	T	P				
				implementation and evaluation, Clinical facilities Transport facilities Institutional Records and reports administrative, faculty, staff and students		
VII	15		Describe the ethical and legal responsibilities of a professional nurse. Explain the nursing practice standards	Nursing as a profession: <ul style="list-style-type: none"> • Philosophy; nursing practice • Aims and objectives • Characteristics of a professional nurse • Regulatory bodies; INC, SNC Acts; - constitution, functions • Current trends and issues in Nursing Professional ethics • Code of ethics; INC, • Code of Professional conduct; INC, ICN Practice standards for Nursing; INC Consumer protection act Legal Aspects in Nursing • Legal terms related to practice; registration and licensing • Laws related to nursing practice; Breach and penalties • Malpractice and negligence ICN 	Lecture Discussion Case discussion Panel discussion Role plays Critical incidents Visit to INC/SNC	Short answers Assessment of critical incident
VIII	3		Explain the various opportunities for professional advancement	Professional Advancement: Continuing education Career Opportunities Collective bargaining Membership with Professional organizations; National and International Participation in research activities Publications; Journals, Newspapers etc.	Lecture Discussion Review! Presentation of published articles	Short answers


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DESCRIPTION: This course is designed to help novice nursing students develop knowledge and competencies required to provide evidence-based, comprehensive basic nursing care for adult patients, using nursing process approach.

COMPETENCIES: On completion of the course, the students will be able to

1. Develop understanding about the concept of health, illness and scope of nursing within health care services.
2. Apply values, code of ethics and professional conduct in professional life.
3. Apply the principles and methods of effective communication in establishing communication links with patients, families and other health team members.
4. Develop skill in recording and reporting.
5. Demonstrate competency in monitoring and documenting vital signs.
6. Describe the fundamental principles and techniques of infection control and biomedical waste management.
7. Identify and meet the comfort needs of the patients.
8. Perform admission, transfer, and discharge of a patient under supervision applying the knowledge.
9. Demonstrate understanding and application of knowledge in caring for patients with restricted mobility.
10. Perform first aid measures during emergencies.
11. Identify the educational needs of patients and demonstrate basic skills of patient education.

***Mandatory Module used in Teaching/Learning:**

First Aid: 40 Hours (including Basic CPR)


COURSE OUTLINE

T – Theory, SL – Skill Lab

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	5 (T)	Describe the concept of health and illness	Introduction to health and illness <ul style="list-style-type: none"> • Concept of Health – Definitions (WHO), Dimensions • Maslow's hierarchy of needs • Health – Illness continuum • Factors influencing health • Causes and risk factors for developing illnesses • Illness – Types, illness behavior • Impact of illness on patient and family 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type
II	5 (T)	Describe the levels of illness prevention and care, health care services	Health Care Delivery Systems – Introduction of Basic Concepts & Meanings <ul style="list-style-type: none"> • Levels of Illness Prevention – Primary (Health Promotion), Secondary and Tertiary • Levels of Care – Primary, Secondary and Tertiary • Types of health care agencies/ services – Hospitals, clinics, Hospice, rehabilitation centres, extended care facilities • Hospitals – Types, Organization and 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type

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Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<p>Functions</p> <ul style="list-style-type: none"> Health care teams in hospitals – members and their role 		
III	12 (T)	<p>Trace the history of Nursing</p> <p>Explain the concept, nature and scope of nursing</p> <p>Describe values, code of ethics and professional conduct for nurses in India</p>	<p>History of Nursing and Nursing as a profession</p> <ul style="list-style-type: none"> History of Nursing, History of Nursing in India Contributions of Florence Nightingale Nursing – Definition – Nurse, Nursing, Concepts, philosophy, objectives, Characteristics, nature and Scope of Nursing/ Nursing practice, Functions of nurse, Qualities of a nurse, Categories of nursing personnel Nursing as a profession – definition and characteristics/criteria of profession Values – Introduction – meaning and importance Code of ethics and professional conduct for nurses – Introduction 	<ul style="list-style-type: none"> Lecture Discussion Case discussion Role plays 	<ul style="list-style-type: none"> Essay Short answers Objective type
IV	8 (T) 3 (SL)	<p>Describe the process, principles, and types of communication</p> <p>Explain therapeutic, non-therapeutic and professional communication</p> <p>Communicate effectively with patients, their families and team members</p>	<p>Communication and Nurse Patient Relationship</p> <ul style="list-style-type: none"> Communication – Levels, Elements and Process, Types, Modes, Factors influencing communication Methods of effective communication/therapeutic communication techniques Barriers to effective communication/non-therapeutic communication techniques Professional communication Helping Relationships (Nurse Patient Relationship) – Purposes and Phases Communicating effectively with patient, families and team members Maintaining effective human relations and communication with vulnerable groups (children, women, physically and mentally challenged and elderly) 	<ul style="list-style-type: none"> Lecture Discussion Role play and video film on Therapeutic Communication 	<ul style="list-style-type: none"> Essay Short answer Objective type
V	4 (T) 2 (SL)	<p>Describe the purposes, types and techniques of recording and reporting</p> <p>Maintain records and reports accurately</p>	<p>Documentation and Reporting</p> <ul style="list-style-type: none"> Documentation – Purposes of Reports and Records Confidentiality Types of Client records/Common Record-keeping forms Methods/Systems of documentation/Recording 	<ul style="list-style-type: none"> Lecture Discussion Demonstration 	<ul style="list-style-type: none"> Essay Short answer Objective type

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Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Reflexes • CSF formation, composition, circulation of CSF, blood brain barrier and blood CSF barrier • Application and implication in nursing 		

Note: Few lab hours can be planned for visits, observation and handling

(less than 1 credit lab hours are not specified separately)

APPLIED SOCIOLOGY

PLACEMENT: I SEMESTER

THEORY: 3 Credits (60 hours)

DESCRIPTION: This course is designed to enable the students to develop understanding about basic concepts of sociology and its application in personal and community life, health, illness and nursing.

COMPETENCIES: On completion of the course, the students will be able to

1. Identify the scope and significance of sociology in nursing.
2. Apply the knowledge of social structure and different culture in a society in identifying social needs of sick clients.
3. Identify the impact of culture on health and illness.
4. Develop understanding about types of family, marriage and its legislation.
5. Identify different types of caste, class, social change and its influence on health and health practices.
6. Develop understanding about social organization and disorganization and social problems in India.
7. Integrate the knowledge of clinical sociology and its uses in crisis intervention.

COURSE OUTLINE

T – Theory

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
I	1 (T)	Describe the scope and significance of sociology in nursing	Introduction <ul style="list-style-type: none"> • Definition, nature and scope of sociology • Significance of sociology in nursing 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Essay • Short answer
II	15 (T)	Describe the individualization, Groups, processes of Socialization, social change and its importance	Social structure <ul style="list-style-type: none"> • Basic concept of society, community, association and institution • Individual and society • Personal disorganization • Social group – meaning, characteristics, and classification. • Social processes – definition and forms, Co-operation, competition, conflict, accommodation, assimilation, isolation • Socialization – characteristics, process, agencies of socialization • Social change – nature, process, and role of nurse 	<ul style="list-style-type: none"> • Lecture cum Discussion 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Structure and characteristics of urban, rural and tribal community. • Major health problems in urban, rural and tribal communities • Importance of social structure in nursing profession 		
III	8 (T)	Describe culture and its impact on health and disease	Culture <ul style="list-style-type: none"> • Nature, characteristic and evolution of culture • Diversity and uniformity of culture • Difference between culture and civilization • Culture and socialization • Transcultural society • Culture, Modernization and its impact on health and disease 	<ul style="list-style-type: none"> • Lecture • Panel discussion 	<ul style="list-style-type: none"> • Essay • Short answer
IV	8 (T)	Explain family, marriage and legislation related to marriage	Family and Marriage <ul style="list-style-type: none"> • Family – characteristics, basic need, types and functions of family • Marriage – forms of marriage, social custom relating to marriage and importance of marriage • Legislation on Indian marriage and family. • Influence of marriage and family on health and health practices 	<ul style="list-style-type: none"> • Lecture 	<ul style="list-style-type: none"> • Essay • Short answer • Case study report
V	8 (T)	Explain different types of caste and classes in society and its influence on health	Social stratification <ul style="list-style-type: none"> • Introduction – Characteristics & forms of stratification • Function of stratification • Indian caste system – origin and characteristics • Positive and negative impact of caste in society. • Class system and status • Social mobility-meaning and types • Race – concept, criteria of racial classification • Influence of class, caste and race system on health. 	<ul style="list-style-type: none"> • Lecture • Panel discussion 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type
VI	15 (T)	Explain social organization, disorganization, social problems and role of nurse in reducing social problems	Social organization and disorganization <ul style="list-style-type: none"> • Social organization – meaning, elements and types • Voluntary associations • Social system – definition, types, role and status as structural element of social system. • Interrelationship of institutions • Social control – meaning, aims and process of social control 	<ul style="list-style-type: none"> • Lecture • Group discussion • Observational visit 	<ul style="list-style-type: none"> • Essay • Short answer • Objective type • Visit report

Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Social norms, moral and values • Social disorganization – definition, causes, Control and planning • Major social problems – poverty, housing, food supplies, illiteracy, prostitution, dowry, Child labour, child abuse, delinquency, crime, substance abuse, HIV/AIDS, COVID-19 • Vulnerable group – elderly, handicapped, minority and other marginal group. • Fundamental rights of individual, women and children • Role of nurse in reducing social problem and enhance coping • Social welfare programs in India 		
VII	5 (T)	Explain clinical sociology and its application in the hospital and community	Clinical sociology <ul style="list-style-type: none"> • Introduction to clinical sociology • Sociological strategies for developing services for the abused • Use of clinical sociology in crisis intervention 	<ul style="list-style-type: none"> • Lecture, • Group discussion • Role play 	<ul style="list-style-type: none"> • Essay • Short answer

APPLIED PSYCHOLOGY


PLACEMENT: I SEMESTER

THEORY: 3 Credits (60 Hours)

DESCRIPTION: This course is designed to enable the students to develop understanding about basic concepts of psychology and its application in personal and community life, health, illness and nursing. It further provides students opportunity to recognize the significance and application of soft skills and self-empowerment in the practice of nursing.

COMPETENCIES: On completion of the course, the students will be able to

1. Identify the importance of psychology in individual and professional life.
2. Develop understanding of the biological and psychological basis of human behaviour.
3. Identify the role of nurse in promoting mental health and dealing with altered personality.
4. Perform the role of nurses applicable to the psychology of different age groups.
5. Identify the cognitive and affective needs of clients.
6. Integrate the principles of motivation and emotion in performing the role of nurse in caring for emotionally sick client.
7. Demonstrate basic understanding of psychological assessment and nurse's role.
8. Apply the knowledge of soft skills in workplace and society.
9. Apply the knowledge of self-empowerment in workplace, society and personal life.


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Unit	Time (Hrs)	Learning Outcomes	Content	Teaching/ Learning Activities	Assessment Methods
			<ul style="list-style-type: none"> • Attitudes – Meaning of attitudes, nature, factor affecting attitude, attitudinal change, Role of attitude in health and sickness • Psychometric assessment of emotions and attitude – Introduction • Role of nurse in caring for emotionally sick client 		
VIII	4 (T)	Explain psychological assessment and tests and role of nurse	Psychological assessment and tests – introduction <ul style="list-style-type: none"> • Types, development, characteristics, principles, uses, interpretation • Role of nurse in psychological assessment 	<ul style="list-style-type: none"> • Lecture • Discussion • Demonstration 	<ul style="list-style-type: none"> • Short answer • Assessment of practice
IX	10 (T)	Explain concept of soft skill and its application in work place and society	Application of soft skill <ul style="list-style-type: none"> • Concept of soft skill • Types of soft skill – visual, aural and communication skill • The way of communication • Building relationship with client and society • Interpersonal Relationships (IPR): Definition, Types, and Purposes, Interpersonal skills, Barriers, Strategies to overcome barriers • Survival strategies – managing time, coping stress, resilience, work – life balance • Applying soft skill to workplace and society – Presentation skills, social etiquette, telephone etiquette, motivational skills, teamwork etc. • Use of soft skill in nursing 	<ul style="list-style-type: none"> • Lecture • Group discussion • Role play • Refer/Complete Soft skills module 	<ul style="list-style-type: none"> • Essay and short answer
X	2 (T)	Explain self-empowerment	Self-empowerment <ul style="list-style-type: none"> • Dimensions of self-empowerment • Self-empowerment development • Importance of women's empowerment in society • Professional etiquette and personal grooming • Role of nurse in empowering others 	<ul style="list-style-type: none"> • Lecture • Discussion 	<ul style="list-style-type: none"> • Short answer • Objective type

NURSING FOUNDATION - I (including First Aid module)

PLACEMENT: I SEMESTER

THEORY: 6 Credits (120 hours)

PRACTICUM: Skill Lab: 2 Credits (80 hours) and Clinical: 2 Credits (160 hours)


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