MODERN CONCEPTS OF CHILD CARE

Mrs.Dvya M.Sc(N), Assist Professor, Dept of Paediatric Nursing, SSCON Pediatrics is a Greek word,

Pedia -Child

iatrike-Treatment

ics-Branch of medicine

Pediatrics can be defined as the branch of medical science that deals with the care of children from conception to adolescence in health and illness. It is concerned with preventive, promotive, curative and rehabilitative care of children.

HEALTH CARE CHANGES AND ADVANCES

Concept of health and illness.

Concept is changing, complete overall wellbeing and not merely the absence of disease.

Illness, when the individual experience a disturbance in both physical and psychosocial characteristics.

3. High level of wellness

Areas of wellness behaviour are

- a. Physical Fitness
- b. Optimal nutrition
- Appropriate management of stress.
- d. Awareness of environmental influences on the individual.
- Responsibility for onset.

- Children learn wellness and illness behaviour during their years of growth and development principally from parents.(Primary guardian of children's health)
- Orient the children early in life within home setting as per attitudes and habits.
- Influence of other family members, siblings and health care professionals.

CONCEPT OF CHILD CARE

Health is a fundamental right of every human being "A healthy child becomes a healthy citizen and a healthy citizen makes a healthy nation".

MODERN CONCEPT OF CHILD CARE

Child care has a prime importance as the mortality and morbidity rates are highest in this group and most of the diseases are preventable.

The goal of Pediatric nursing is to foster the growth and development of the child and promote an optimum state of health physically, mentally and socially, so that he may function at the peak of his capacity.

The Nurse must observe the state of the child's health illness state, his strength and weakness, and the effectiveness of coping mechanism. The nurse must have patience and emotional balance, while dealing with children and their parents especially in critically ill cases.

CONCEPTS RELATING TO CARE OF THE CHILD AND NURSES ROLE

Areas to be considered:

- √ Health promotion
- Prevention of illness
- ✓ Health maintenance
- ✓ Health restoration

NEW CONCEPTS

- Child centered care.
- Take care of the female child with immunization to TT.
- Health education on planned parenthood and doing the maternal health assessment before conception.
- Early identification and family counseling based on biochemical screening and chromosomal studies.

- Caring the health care of the child from the day of conception.
- Participate in the prevention of illness and health promotion activities.
- Comprehensive care of the child in his home through community health centers.
- 8. Flexibility in hospital setting.
- 9. Health oriented.
- 10. Warmth and love oriented.

- Health promotion activities, services related to fertility, sex education and counseling.
- Safe guard and protect the childrens right by health providing, cultural practice and laws encouraging.

THANK YOU